

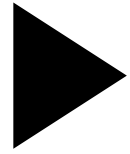
Parents,
Speak Up Again!



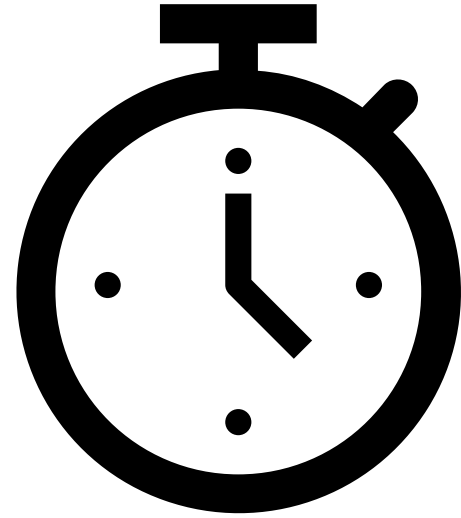
Videography Guide

2023

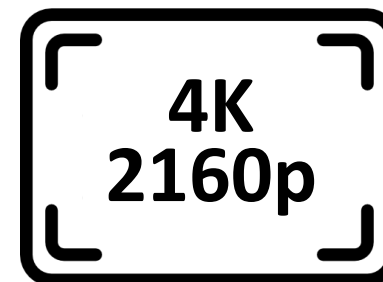
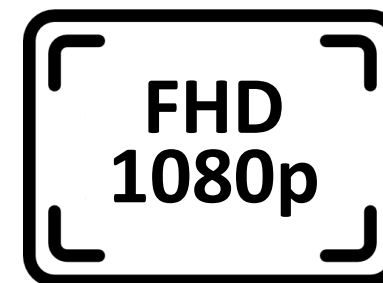
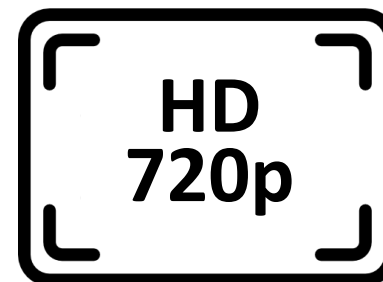
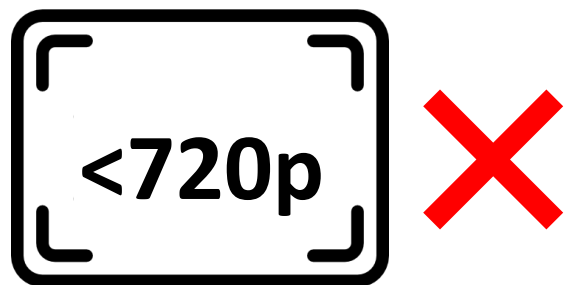
Video Duration



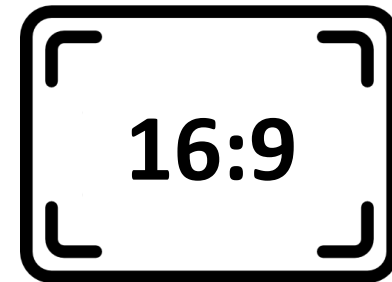
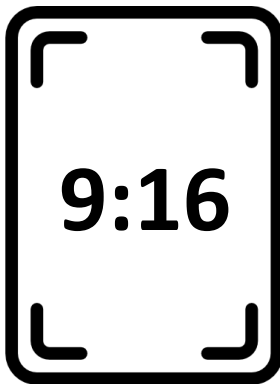
30-60
seconds



Video Resolution



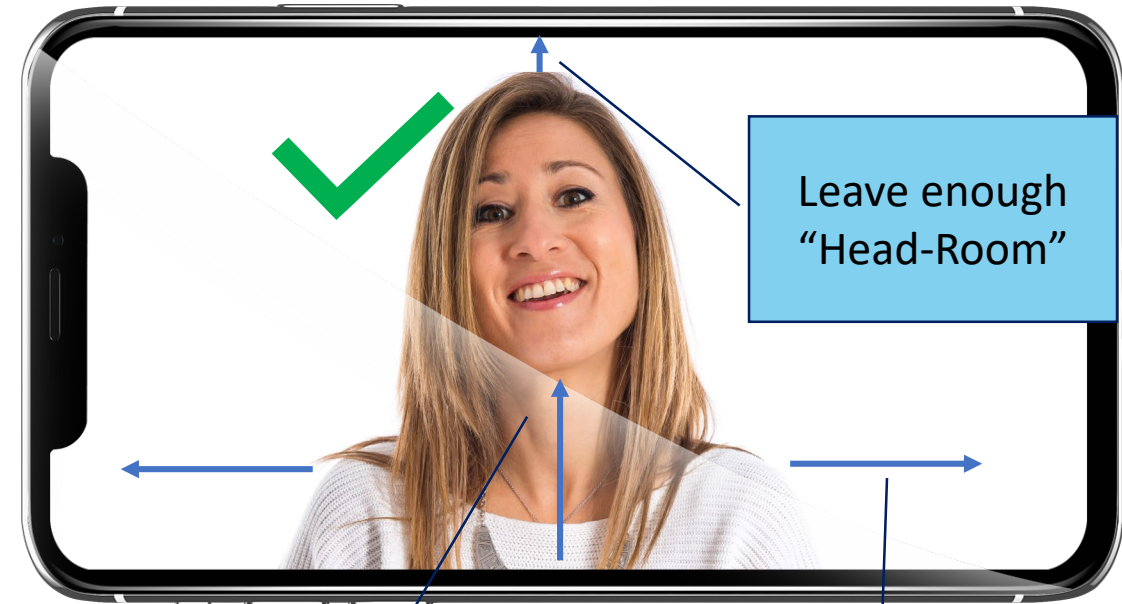
Video Format



Composition

Leave enough
"Head-Room"

Position person
in the middle



Leave enough
"Head-Room"

Leave enough
"Chin-Room"

Position person
in the middle

Composition



Background

- Clean, tidy
- Aesthetic
- Bright & Well-lit



Don't Film
Against a
Bright
Background
Because it
will create a
silhouette



Don't Use Excessive Filters

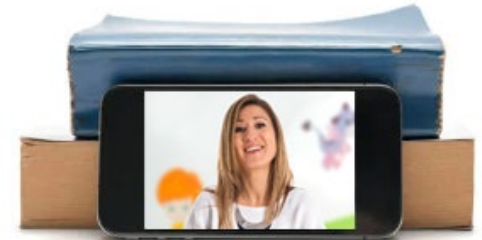
- Light cosmetic touches are acceptable



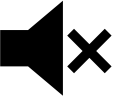

Don't Feature Minors



Use a Tripod,
cellphone
holder, or
place your
mobile phone
on a steady
surface



Audio

- A quiet  environment
- Speak loudly  and clearly



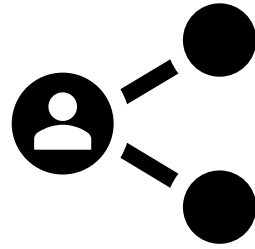
Subtitles

- Prepare an English translation, even if you speak English
- Format: SRT
- If you need any assistance, please refer to your Learning Centre



We recommend uploading your video to [YouTube to create the SRT file](#). You can then download the SRT file through services like [Downsub](#).

Send to Learning Centre



- Use Dropbox or Google Drive to send the video in its FULL quality.
- Sending via WhatsApp and other apps reduces quality.



Parents,
Speak Up Again!



Best of Luck!

Helen Doron English